A Comment on "Population, Poverty and International Development" (Sinding, 2008)

Shareen Joshi



1. What have we recently learned about the micro-impacts of fertility decline?

2. What have we recently learned about the design of effective population programs?
Types of services
Delivery systems

3. What are most important unanswered questions?

Micro-impact of fertility decline: Evidence from Matlab, Bangladesh

Program Details:

- Women with 8+ years of schooling were trained as "Health workers"
 - Visited a set of married women in their own village every 2 weeks in their homes

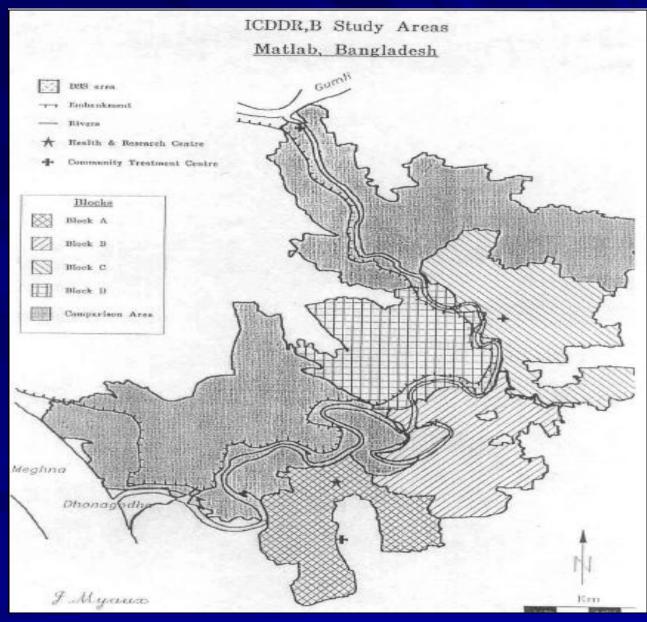
Provided key functions:

- Choice of services and follow-up support
- Referred women to the hospital pre-natal and ante-natal care medical care
- Distributed "safe delivery" kits
- Prenatal and ante-natal care
- Tetanus inoculations
- Children's immunizations
- Treatment for simple diseases (diarrhea, respiratory diseases, etc.)

Impact over 30 years

- Benefits to women:
 - 15% reduction in fertility = 1 less child
 - Improved weights and BMI's
 - Lower mortality risks
 - Increased labor-market participation & wages
- Benefits for children
 - Better health (vaccinations)
 - Higher schooling attainment for boys
- Benefits for families
 - Increased resources (drinking water)

Map from Chaudhuri (2005, Fig 2)



| | Woman age 25—30 | Woman age 45-50 |
|--|------------------------|----------------------|
| | 8-10 years of exposure | 20 years of exposure |
| Total children | -0.710*** (0.264) | -1.520*** (0.282) |
| First birth interval (years between first and second child) | 0.357 (0.322) | 0.125 (0.333) |
| Second birth interval (years between second and third child) | 0.957*** (0.335) | 0.706** (0.318) |
| Fraction of all children who died before age 5 | -0.035 (0.029) | -0.086*** (0.029) |
| Fraction of boys died before age 5 | -0.053 (0.041) | -0.143*** (0.039) |
| Fraction of girls died before age 5 | -0.008 (0.044) | -0.092*** (0.039) |
| Weight | 0.987 (0.912) | 2.397** (0.973) |
| BMI | 0.840*** (0.366) | 1.169*** (0.390) |
| Drinking water drawn from a clean well on the bari | 0.165*** (0.065) | 0.210*** (0.071) |

Educated women are able to improve income and savings

Educated women aged 20—30 in the treatment area:

- 17% increase in income from their primary occupation
- 1% increase in household asset holdings
- 8% increase in household agricultural asset holdings
- 7% increase in household non-agricultural asset holdings
- 15% increase in household savings

Educated women aged 30—40 experience the following:

- 79% increase in income from their primary occupation
- 22% increase in household asset holdings
- 20% increase in household agricultural asset holdings
- 34% increase in household non-agricultural asset holdings
- 27% increase in household savings

New research expanding the empirical base for further research into these issues

Randomized trials:

- **Dow** (Southern Tanzania)
- Vera-Hernandez (Malawi)
- Hallman (South Africa)
- Ashraf and Field (Zambia)
- Thomas and Frankenburg (Bangladesh)
- ... (Several others too!)

Panel datasets:

- Filippe (Burkina Faso)
- Baschieri (Malawi)
- Foster and Weil (India and others)
- Hill and Aryeetey (Ghana)
- Thomas and Frankenburg (Indonesia)
- Ruben and Kamazima (Sub-Saharan Africa)
- Lam and Liebbrandt (South Africa)
- Hooimeijer and Musahara (Rwanda)

New cross-sectional data

Development of panel datasets

Collection of subnational data for large countries with significant internal variation

Use of random assignment evaluation methods



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Effective population policies must go beyond family planning

Reproductive health

services:

- Variety of family planning methods
- Follow-up services
- Nutrition before, during and after pregnancy
- Prenatal and antenatal care
- Safe delivery systems
- Tetanus innoculations
- Prevention and treatment of STDs

Early childhood services:

- Children's nutrition
- Prevention and treatment of early childhood illnesses
- Essential vaccinations

Socio-economic supports:

- Financial literacy
- Educational opportunities for women and their children
- Labor market opportunities
- Credit
- Investment opportunities

Such programs require strong delivery systems

Long-term commitment on part of policy-makers

- Require significant resources
- Micro-impacts may take time to become fully evident
- Strong and uninterrupted supply chains
 - Some medical supplies may require cold storage
- Local health workers
 - Personal networks, knowledge of the local community
 - Strong training systems
- Delivery must be sensitive to local culture
 - Factors that must be considered: structure of the family, levels of female autonomy and female mobility, and history of past family planning or health programs
- Data-collection, surveillance and analysis



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We are hoping to learn more!

What are the core constituents of a "reproductive health program"?
 What exact interventions work best?

- Can experimental reproductive health programs be truly scaled up?
- How do the costs of reproductive health interventions compare with other poverty-alleviating policies?
- What is the best time-horizon for measuring the impact of a program?
 - Improvements in income, assets and children's human-capital take time!
- We need to better understand contextual factors in fertility decisions
 - Fertility and health decisions are not always made by a woman
 - There is variation in who is included in this decision across geographies, cultures, religions, economic systems, etc.